



**DOW UNIVERSITY OF
HEALTH SCIENCES**

BS NURSING
Session 2023-24



PROSPECTUS

**Dow Institute of Nursing
and Midwifery (ION)**

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OVERVIEW OF DOW INSTITUTE OF NURSING AND MIDWIFERY

After being established in 2003, Dow University of Health Sciences (DUHS) established the “Dow Institute of Nursing and Midwifery” with the support of Higher Education Commission, Pakistan (HEC). The foundation laying stone ceremony of the nursing institute was held on June 3rd, 2006 at the Ojha sub-Campus of Dow University of Health Sciences. The Chief Guest to the ceremony was Prof. Atta Ur Rehman, Advisor Federal Government, and Chairman Higher Education Commission. Completion period of the project was two years while the basic aim of the institution is to fulfill the acute shortage of skilled nurses in country by providing quality education and hands on nursing skills.

Dow Institute of Nursing and Midwifery is a part of Dow University of Health Sciences. The task force for establishment of Institute of Nursing and Midwifery played an important role in planning and establishment of this institute. It’s primary objective is to produce quality healthcare professionals through Bachelors of Nursing Program (BSN Generic) Post RN BSN, Post RN BSM and Masters in Nursing Programs. (Dow Institute of Nursing and Midwifery is situated within the Ojha sub-campus of DUHS with a well-constructed building, and a conducive environment for teaching and learning).

OBJECTIVES OF PROGRAM:-

- To perform a holistic health, and risk identification assessment of the individual across the lifespan. This includes a health history that covers physical, spiritual, social, cultural, and psychological assessments of the individual and the family, as well as a comprehensive physical exam using bedside interviews with patients and relatives within various settings.
- To formulate a plan of care and prioritize safe nursing care by analyzing data.
- To Implement evidence-based nursing care to achieve outcomes for individuals, families and communities in various settings.
- To consult with relevant clinical preceptor, faculty, health, and social members of a team where required.
- To provide care according to nursing standards, policies and procedures of institutions.
- To ensure patients receive and understand information related to their care.
- To identify expected outcomes and timelines for their achievement and to review with care teams and patients.
- To ensure safe administration of therapeutic substances.
- To create and maintain a safe environment of care through the use of quality assurance and risk management strategies.
- To implement infection control procedures and policies of institutions.
- To evaluate data and outcomes to modify plans for care.
- To document accurate nursing assessments, actions and outcomes.
- To assist patients to access and interpret the meaning and validity of health information.
- To assist individuals, families and communities to participate in care.
- To provide effective health education by preparing relevant teaching plans for patients.

- To evaluate risk reduction, disease prevention and health promotion nursing activities through partnerships

Career Prospects and opportunities: -

The BSN program leads to the ability to practice as a Registered Nurse. This degree program promotes integrated nursing knowledge, skills, and a professional attitude. Upon completion of this program, the graduate is prepared to be a skilled nurse, who will be able to provide comprehensive care at primary, secondary and tertiary levels within hospitals and community settings.

The overall aim of the BSN program is to produce nurses that can apply a multidisciplinary approach to nursing practice as a result of an integrated educational approach. This program is intended to foster critical thinking, knowledge-based actions, and personal as well as professional development amongst nurses, to enable them to implement their knowledge and skills within the ever-changing context of health care.

Having a BSN degree provides different opportunities. Different career goals require theoretical knowledge and practical experience. Being a noble profession, it offers a variety of career pathways depending on the level of expertise, skill, knowledge, and experience. After completing their BSN, nurses can proceed towards their higher education or avail of job opportunities as registered nurses in different sectors including Government Hospitals, Nursing Institutions, NGOs, Nursing Homes, Orphanage Homes, Ambulatory Services, and Home Patient Care Jobs

A registered nurse can get different jobs including Staff Nurse, Community Health Nurse, Nursing Instructor, Head Nurse, Clinical Nursing Supervisor, Assistant Nursing Superintendent, and Nursing Superintendent. Registered Nurses can also proceed toward higher education and attain a Master's degree. A diverse set of specializations are available for them including a Master in Nursing, a Master in Public Health, an MBA in Hospital Management, and a Master of Health Administration, etc.

Recognition by Governing Bodies/Councils

The Dow Institute of Nursing and Midwifery DUHS is recognized by (PNC) Pakistan Nursing Council. All programs, which are offered at Dow Institute of Nursing and Midwifery, are recognized /accredited by Pakistan Nursing Council (PNC) and Higher Education Commission (HEC), Pakistan. Institute of Nursing is envisioned to promote nursing education in Pakistan, preparing the leaders in nursing, and producing a sufficient number of highly skilled and trained nursing professionals who can meet the challenges of modern preventive and curative healthcare.

Programs Offered

BS Nursing Generic (4 Year Morning Program)

Post RN BS Nursing (2 Year Evening Program)

Post-RN BSM (2 Year Morning Program)

Program	No. of years	Eligibility criteria	No.of seats
BS Nursing Generic	4 years	<ul style="list-style-type: none"> ● Matric Science ● Intermediate Science (Pre-Medical) with 50% Marks in overall subjects ● Maximum age limit 18 -35 years (Both Male and Female) <p>Gender Ratio: 50% Female and 50% Male</p> <ul style="list-style-type: none"> ● Candidate's Domicile of Sindh 	100
Post-RN BS Nursing	2 years	<ul style="list-style-type: none"> ● Matric with Science or Matric with Arts as Specified by HEC vide Notification. No. 8 61)/A&A/2018/HEC/5998 dt. 06.04.2018 ● 03 Years General Nursing Diploma ● 01 Year Diploma in Midwifery (any Post Speciality for Males in Lieu of Midwifery) ● 01 Year Clinical experience ● Valid PNC Registration <p>Gender Ratio: 50% Female and 50% Male.</p>	100
Post-RN BSM	2 years	<ul style="list-style-type: none"> ● Matric with Science or Matric with Arts as Specified by HEC vide Notification. No. 8 61)/A&A/2018/HEC/5998 dt. 06.04.2018 ● 03 Years General Nursing Diploma ● 01 Year Diploma in Midwifery (any Post Speciality for Males in Lieu of Midwifery) ● 01 Year Clinical experience ● Valid PNC Registration <p>Gender : Only for Female</p>	20

Fee Structure of BS Nursing

SESSION 2023-24

FEE TYPE	BS GENERIC NURSING	POST RN	MIDWIFERY
Admission Fee (Once only)	45,000	45,000	45,000
Tuition Fee (Yearly)	149,743	143,231	118,373
Document Verification Charges (Once only)	2,500	2,500	2,500
Student Activity Fee (Yearly)	10,000	10,000	10,000
Library Charges (Yearly)	10,000	10,000	10,000
Total	217,243	210,731	185,873

Transport Fee (Optional) Rs. 36,000/- per year.

RULES FOR THE PAYMENT OF FEE

Fee for 2nd, 3rd & 4th year tuition fee (of the respective categories) will have to be paid within the specified time.

Late fee for succeeding years will be charged if fee is not paid within the provided deadline as per rates below:

First month (after lapse of first month % 2.5.....of tuition fee

Second month % 5.0..... of tuition fee

Third month % 7.5..... of tuition fee

Fourth month % 10of tuition fee

Fee of all categories will be increased by 10% every year.

AFTER FOUR MONTHS OF NON-PAYMENT, THE SEAT IS LIABLE TO BE CANCELLED AND STUDENT WILL NOT BE ALLOWED TO APPEAR IN ANY EXAMINATION.

Fee deposited is refundable as per the Refund policy guidelines of the DUHS.

Taxes will be applied as per the FBR rules.

Hostel and Transport fee will be valid till December, 2024.

Amounts stated in the fee vouchers are excluded of all Bank Charges.

The Fee Structure may be revised by the university at any time during the course of the study, due to unavoidable circumstances.

Curriculum/ Scheme of Studies for BSN

Year Semester -I					
Sr No	Course Title	Theory	Skills/Lab	Skills/Lab	Total Credit
1	Fundamental of Nursing-I	2	2		4
2	Microbiology	2.5	0.5		3
3	Anatomy and Physiology-I	3			3
4	Biochemistry for Nurses	2	1		3
5	English-I	2			2
6	Computer Skills		1		1
	Total				16
Year- 1 Semester -II					
Sr No	Course Title	Theory	Clinical	Skills/Lab	Total Credit
1	Fundamental of Nursing-II	2	1	1	4
2	Anatomy and Physiology-II	3			3
3	Community Health Nursing-I	2	1		3
4	Applied Nutrition	1			1
5	English-II	2			2
6	Islamiat*	2			2
	Pak Studies*	2			2
Total					17
Year -2 Semesters -III					
Sr No	Course Title	Theory	Clinical	Skills/Lab	Total Credit
1	Adult Health Nursing I	4	3	1	8
2	Pathophysiology I	1.75		0.25	2
3	Health Assessment –I	1		1	2
4	Pharmacology-I	2			2
5	Mathematics	1			1
6	English-III	2			2
Total					17
Year-2 Semesters -IV					
Sr No	Course Title	Theory	Clinical	Skills/Lab	Total Credit
1	Adult Health Nursing II	4	3	1	8
2	Pathophysiology II	2.75		0.25	2
3	Health Assessment –II	1		1	2
4	Developmental Psychology	2			2
5	Pharmacology II	2			2
6	English III	2			1
7	Nursing Ethics	1			
Total					20

Year-3 Semesters –V					
Sr No	Course Title	Theory	Clinical	Skills/Lab	Total Credit
1	Pediatrics Health Nursing	3	3	1	7
2	Community Health Nursing – II	2.5	2.5	1	6
3	Teaching/Learning: Principles and Practice	3			3
4	English V	2			2
5	Tropical & Communicable Diseases	2			2
Total					20
Year-3 Semesters -VI					
Sr No	Course Title	Theory	Clinical	Skills/Lab	Total Credit
1	Mental Health Nursing	3.0	3.0		6
2	Introduction to Biostatistics	2.5		0.50	3
3	Behavioral Psychology	2			2
4	Epidemiology	2			2
5	English-VI	2			2
6	Culture, Health and Society	2			2
Total					17
Year-4 Semester- VII					
Sr No	Course Title	Theory	Clinical	Skills/Lab	Total Credit
1	Critical Care Nursing	2.5	4	0.5	6
2	Introduction to Nursing Theories	2			2
3	Leadership and Management in Nursing	2	1		3
4	Nursing Research	3			3
5	English VII	2			2
Total					16
Year-4 Semester -VIII					
Sr No	Course Title	Theory	Clinical	Skills/Lab	Total Credit
1	Community Health Nursing-III	2	3	--	5
2	Nursing Seminar / role transition	2			2
3	Clinical Practicum	4	1		5
4.	English VIII	2			2
Total					14

ASSESSMENT METHODS

Apart from the Internal courses, following is the evaluation criteria followed for undergraduate programs at DIONAM

Internal Assessment: 30%

Mid-term: 30%

Final Term: 40%

Number of students graduated

Approximately, eight hundred and ninety-five (895) students graduated from DIONAM. Currently, four hundred and seventy-five (475) students are enrolled in undergraduate and graduate nursing programs at DIONAM.

Facilities and salient feature

Hostel:

Hostel facility is provided only for female students on a need-to-need basis. The hostel is facilitated with the regular necessities and luxuries needed by the students.

General Rules and Regulation of Hostel

- No visitors are allowed to stay overnight inside the hostel.
- No Hostilities will be allowed to enter or leave the hostel premises after 10.00 PM
- Weekly visit will be done to assess the cleanliness of hostel rooms.
- Its mandatory to follow all these rules and regulations
- Any of the hostilities, if found violating above rule may directly ask to leave the hostel

Transportation:

The transportation service will be provided by DIONAM to the students and pick and drop service from the allocated pickup points at scheduled time. Students are not required to stay in after institute hours. But if they desire, for study purposes, they should make their own transportation arrangement.

Financial Assistance:

Any student requiring Financial Aid notifies the competent authority. The committee will review each case on individual basis will decide for financial assistance.

LEARNING RESOURCES

DIONAM has a nursing skill laboratory, a science laboratory, computer lab several class rooms, conference room, as well as tutorial rooms.

a) **Furnished Classrooms:**

Well-furnished classrooms equipped with the latest teaching aids, such as multimedia/audio-video with internet facilities etc are available to have highly interactive sessions in classroom teaching. All classrooms are well-illuminated, properly ventilated, air conditioned and with modern seating.

b) **Nursing Skill Lab:**

This is a practical learning resource in DIONAM which allows students to practice master nursing skills in patient care situations. The skill lab physical layout accommodates various learning area and stations according to the need of students.

General Rules and Regulation of Nursing Skill Lab

- The skill lab is open from 8:30 to 15:00 hours, Monday till Thursday and Saturday, Timings for Friday are 8:30 to 12:00. Skill Lab Manager, Faculty and staff are available for student's assistance
- Students are requested to fill out the application before obtaining any equipment from skill lab.
- Students are responsible for leaving the skill lab neat and clean.
- In case of damage/loss of skill lab property replacement cost must be paid or same item will be replaced by the person responsible for the damage.

c) **Science Lab:**

The science lab at DIONAM is located on the 1st floor. The lab is practical resource for students which allow them to learn and understand scientific concept and principles which the students study in their theory classes. They perform experiments and get a chance to have a hands-on experience or further development of cognitive domain.

d) **Anatomy Lab:**

The Anatomy lab has latest equipment which includes anatomical models and posters etc. for students of all the programs in the Institute. The facility is utilized for anatomy, physiology and pathophysiology. The lab is open from 8:30 to 15:00 hours, Monday till Thursday and Saturday, Timings for Friday are 8:30 to 12:00. Faculty members are available at all times to assist students to help them utilize the lab resources effectively

e) **Digital Library:**

The computer Lab is located on the 2nd floor. The lab is practical resource for students which allow them to learn and understand concepts of computers and principles. Technical staff and faculty members are available at all times to assist students to help them utilized the lab resources effectively. The lab is open from 8:30 to 15:00, Monday till Thursday and Saturday. Timings for Friday are 8:30 to 12:00

f) **Library:**

The library is equipped with latest books on nursing topics and librarians are available to assist the students. The library opens from 8:30 to 15:00, Monday till Thursday and Saturday. Timings for Friday are 8:30 to 12:00. The books will be issued to the students if they submit their library card. The Central library of DUHS Ojha Campus opens from 8:30 to 1800.

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